

University of Pretoria Yearbook 2020

Applied nutrition 220 (EXE 220)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	16.00
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed – requires departmental selection Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management. Food environment, nutrition during growth, nutrition and physical fitness, nutrition and stress management.

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.